## **Mount Vernon Forklift Training Course**

Marysville Forklift Training Course - OSHA and CSA establish criteria for forklift safety training which meets current standards and regulations. Anyone planning to operate a forklift is required to successfully complete safety training prior to making use of any kind of forklift. The accredited Forklift Operator Training Program is designed to offer individuals training with the information and practical skills to become an operator of a forklift.

There are forklift operation safety rules that must be followed pertaining to pre-shift inspections, and rules for loading and lifting.

An inspection checklist must be completed and given to the supervising authority prior to beginning a shift. When a maintenance problem is uncovered, the utilization of the particular equipment should be stopped until the problem has been dealt with. To be able to indicate the equipment is out of order, the keys must be removed from the ignition and a warning tag placed in a spot that is visible.

Safety rules for loading would include checking the forklift's load rating capacity to know how much the machine could handle. When starting the machine, the forks must be in the downward position. Remember that there is a loss of approximately 100 pounds carrying capacity for every one inch further away from the carriage that the load is carried.

In order to safely lift a palletized load, drive the forklift toward the pallet and halt with the fork three inches from the load. Level the mast until it is at right angles to the load. Lift the forks to one inch underneath the slot on the pallet and drive forward. Afterward lift forks four inches. Tilt back the load to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk to warn other employees. Do not allow forks to drag on the ground.

Forklift loads should be loaded in such a way that they are secure and do not create a danger to other objects or people. Restraining loads is required for materials that can shift during transport and destabilize the forklift.

To be able to prevent the shifting of drums, drums could be strapped together to decrease movement. Forklift operators must drive slowly when moving liquids, to decrease instability in the forklift.